



LABORATORIUM
INSPIRACJI
SPOŁECZNYCH



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AGENDA STUDY VISIT TO SPAIN

POWER IN ACTION

ERASMUS + - Small-scale partnerships in adult education Number 2021-2-PL01-
KA210-ADU-000051211

Monday 29th May 2023 - Sunday 4th June 2023

Monday 29th May 2023

Arriving in Barcelona and traveling to Zaragoza.

Tuesday 30th May 2023

- 10:00 –11:00 Welcoming words, organization, and integration of Polish and Spanish team
- 11:00 –13:00 Senior “Valdefierro Centre” to see the activities with the Spanish seniors: dance therapy and Jota “traditional singing and dance”.
Explanation about the public senior programs/senior policy in Zaragoza
- 13:00–13:45 Visit to IASS Centre (Aragonese Institute of Social Security) and presentation of the activities for local seniors
- 13:45 *Lunch* at IASS.
- 16:00–19:00 Visit and explanation about intergenerational programs in the Community Center “El Oliver”. Cooking workshop with the Spanish Seniors
- 20:00 *Dinner*

Wednesday 31st May 2023

9:00 –11:00 Visit to DPZ (Provincial Government) in Sástago Palace. Explanation of the public senior programs/senior policy in the region

11:30–14:00 Visit to Lain Entralgo Center, a workshop about active participation in culture, leisurely group walks & nature walks for seniors and adults

14:00 *Lunch*

16:00–19:00 Visit Agrupación Artística Aragonesa to see folk dresses and explanation about folk music, songs, and dance.

20:00 *Dinner*



Thursday 1st June 2023

9:00–13:00 Visit to the Senior Centre “Lain Entralgo”, explanation about the activities for local seniors, especially using online methods exchange of experiences with the senior educators

13:00 *Lunch*

16:00–17:00 Workshop about first aid for seniors and adults

17:00 Cultural afternoon with the Spanish seniors

21:00 *Dinner*



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Friday 2nd June 2023

- 9:00–12:00 Visit the Volunteering office in the City Hall of Zaragoza, meeting with the coordinators and the volunteers, the volunteering strategy for older people
- 12:30–13:30 Visit to the Aljafería Palace and Aragonese Government. Explanation of the public senior programs/senior policy in the region
- 13:30 *Lunch* in Aljafería Palace
- 16:00–18:00 Working on the difficulties and challenges in adult education, especially using online methods, working with local seniors from the rural area
- 20:00 *Dinner*

Saturday 3th June

- 9:00 Travel to Campo de Belchite
- 10:00–14:00 Visit to oil mill “Molino Alfonso” and winery “Bodegas Témpace”
Explanation about the activation of seniors by involving them in local traditions
- 14:00 *Lunch*
- 16:00–18:00 Working on the list of Spanish good practices, developing the procedures of testing the good practices, and implementing new solutions
- 20:00 *Dinner*

Sunday 4th June

Return to Barcelona and travel to Poland